

PROGRAM SUMMARY

During the whole weekend German and English Al-Anon and A.A. meetings will take place simultaneously. Exact times can be found in the meeting schedule.

Friday: From 3pm **registration**, 5pm **opening meeting**, after the meetings there is the possibility to practice fellowship in a comfortable atmosphere.

Saturday: Possibility to participate in a guided **meditation** in German language. **Yoga class** for about 20 people, if you are interested please register and bring a yoga mat. We would like to encourage you to bring CDs with music from your country and/or lead some dancing! If you have anything you would like to share/show (a song, a skit..) please be prepared to do so!

Sunday: Meetings, at 10:30 am feedback meeting followed by our candlelight closing meeting.

SPONTANEOUS MEETINGS

As always, there will be enough time and room for spontaneous, self-organized meetings, such as: Alateen meeting, Al-Anon adult children meeting, men's meeting, women's meeting, sunset meeting, reading the morning meditation together. Feel free to organize or chair a meeting!

REGISTRATION

No registration fee - instead: 7th Tradition.

For day visitors: Please order your meal till 01.08.2024.



16th International Al-Anon

Round-up in Germany

**with A.A. Participation,
Meetings in German and English Language**

9th till 11th August 2024



self care

THE HOTEL

Tagungsstätte
Schloss Schwanberg
Schwanberg 3
97348 Rödelsee



HOW TO GET THERE

The closest train station
are Iphofen or Kitzingen.

The Schwanberg has a special price agreement with two taxi
companies. Please book in advance.

Railroad station Kitzingen: Taxi Ruf, Tel. 09321 –33980
Railroad station Iphofen: Taxi Kasproski, Tel. 09323 –1649

By car:

If you come by car on the Autobahn A3 take the exit Wie-
sentheid. You travel through the towns of Rüdénhausen and
Wiesenbronn and then turn left to the exit Schwanberg.
You also can come over the Autobahn A7. Take the Kitzingen
exit then follow the B8 through Kitzingen. At the end of
Kitzingen you leave the traffic circle at the second exit
toward Rödelsee.



PRICES

Hotel prices must be paid in advance. Our special rate is
(price per person):

single room: 200 €
single room with shower: 250 €
double room: 185 €
double room with shower: 225 €



There are also cheaper multi-bed
rooms, apartments, etc. If you are
interested, please contact us.

The prices include:

All meals from coffee and cake on Friday to lunch on Sunday.

Reduction for children:

There are discounts for children of different ages. Please contact
schwanberg.treffen@gmail.com to find out about the exact prices.

In case of a cancellation you may find someone to take your place
or we will have to charge you a cancellation fee. 4 months till 15
days before 40 €, until 1 day before 90 € and in case of no-show
the full amount.

BOOKING FOR THE ROUND-UP

Must be completed by 01.08.2024. The registration is completed with
the receipt of the money. Please contact us by email before you pay.

ACCOUNT DATA FOR THE REGISTRATION

Bank account name: Al-Anon-Treffen
IBAN DE17 5005 0201 1203 3797 98
BIC HELADEF1822

Contact: **schwanberg.treffen@gmail.com**